

Interested in ways to build up your  
child's confidence and  
self-esteem?

Come along to Parent  
Hub!



**Tuesday 8th November**

**Building Healthy Self Esteem in our children**

**9am -10.15am at Darell School**

Part 1 - This week we will be talking about how we can nurture healthy self-esteem and feelings of self-worth in our children, including dealing with change and communicating our love for them in different ways.

Part 2 - Next parent hub will look at how we can help our children develop as confident, happy learners.

Pre-school children welcome

If you would like to come on 8<sup>th</sup> November please sign the sheet at the school office.

Contact: Darell School or Millie Anderson on

[millie@riverbanktrust.org](mailto:millie@riverbanktrust.org)

Next Parent Hub will be 22<sup>nd</sup> November 2016