

Meal Choice Menu week commencing 4th November – 30th March

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week Commencing 4th Nov; 25th Nov; 16th Dec; 20th Jan; 10th Feb; 9th Mar; 30th Mar					
Main Meal Option	Quorn Sausage	Cottage Pie	Roast Chicken	Chicken Chasseur with Rice	Fish Fingers with Chips
	Chickpea and Vegetable Tagine	Macaroni Cheese	Roast Quorn	Margherita Pizza	Quorn Nuggets
	Jacket Potato with Tuna	Thai Vegetable Noodles	Jacket Potato with Cheese	Jacket potato with Baked Beans	Cheese and tomato Pin Wheel
Vegetables	Carrots / Sweetcorn	Vegetable Medley	Broccoli / Carrots	Sweetcorn / salad	Peas / Baked Beans
Dessert	Pear and Berry Pie with Ice-cream	Organic Rainbow Fruity Ice Lolly	Fruity Flapjack	Carrot Cake	Orange Jelly and Mandarins
Week Commencing 11th Nov; 2nd Dec; 6th Jan; 27th Jan; 24th Feb; 16th Mar					
Main Meal Option	Sausage and Wedges	Penne Pasta Bolognese	Roast Gammon	Margherita Pizza	Fish Fingers with Chips
	Vegetable Chilli Con Carne with Wedges	Oriental Honey Soya Strips	Roast Vegetable and Lentil Loaf	Vegetable Chow Mein	Roast Vegetables and Cheese Frittata
	Quorn Frankfurter with Wedges	Jacket Potato with Bolognese	Cheese Wrap	Vegetable Biryani	Jacket potato with Baked Beans
Vegetables	Peas / Carrots	Green beans / Sweetcorn	Cabbage / Carrots	Sweetcorn / Salad	Peas/Baked Beans
Dessert	Berry Ripple Cake	Apple and Banana Cake	Vanilla and Chocolate Mousse	Peach Upside-down Cake with Custard	Lemon Shortbread
Week Commencing 18th Nov; 9th Dec; 13th Jan; 3rd Feb; 2nd Mar; 23rd Mar					
Main Meal Option	Sausages with Gravy	Mild Chicken Korma	Roast Chicken	Moussaka (Beef)	Breaded Fish with Chips
	Cheese and Bean Fajita	Macaroni Cheese	Roast Soya Strips	Margherita Pizza	Salmon and Broccoli Quiche
	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Cheese and Ham Melt	Tomato & Bean Pasta	Quorn Burger (No Bun)
Vegetables	Peas / Carrots	Green beans / Cauliflower	Roasted Root Vegetables / Broccoli	Sweetcorn / Salad	Peas / Baked Beans
Dessert	Apple Crumble and Custard	Chocolate Tiffin	Pear and Chocolate Sponge	Strawberry Jelly and Ice Cream	Berry Biscuit