



Year Group	Autumn 1	Autumn 2 HALL	Spring 1 HALL	Spring 2	Summer 1	Summer 2
Nursery/Reception	<p>Across Nursery and Reception, our environments have been designed to encourage children to be physically active, to move between the outside and the inside for the majority of each day and throughout the year. There are very few tables and chairs, instead the children move freely between activities and either stand, squat, sit on the carpet or the ground, or lie down on their tummy as they explore their interests. Outside they strengthen their body core as they lift, carry, push and pull wooden blocks, tyres, crates, ladders, planks and A frames. They build bridges to climb onto, to move across and jump from, tunnels to crawl through and ramps for the balance bikes.</p> <p>In <u>Nursery</u>, the children learn to pull themselves up the tree trunk using ropes, they learn to swing on the tyre and from the big branch. PE is woven into their daily routine. In <u>Reception</u>, children also follow a PE curriculum in the spring and summer terms with a specific focus for each half term.</p>					
Reception			Body Management	Gymnastics	Manipulation and Coordination	Speed agility travel
Year 1	Send and Return (net/wall games)	Attack, Defend Shoot (invasion games)	Gymnastics	Dance	Run, Jump, Throw (athletics)	Hit Catch Run (striking/fielding games)
Year 2	Attack, Defend Shoot (invasion games) Netball	Gymnastics	Send and Return (net/wall games)	Tag rugby	Run, Jump, Throw (athletics)	Hit Catch Run (striking/fielding games)
Year 3	Badminton (In hall)	Invasion Games Football	Dance	Gymnastics	Netball	Cricket
Year 4	Invasion Games Football	Tag Rugby (Rec)	Swimming	Swimming	Netball	Cricket (Rec)
Year 5	Invasion Games Football	Tag Rugby	Netball	gymnastics	Swimming	Swimming
Year 6	Swimming	Swimming	Athletics	cricket	Badminton	OAA

Orange - invasion games

Green - striking/fielding games

Grey - Athletics

Red - net/wall games

Blue - gymnastics

Purple - dance

