

### **Darell Primary School**



### **Esafety Newsletter January 2023**

#### **SMART Video Lessons**

Six easy-to-follow videos on key online safety messages for parents, carers and professionals to watch together with children aged 6-9 years old. Childnet recources and videos

## The Adventures of Kara, Winston and the SMART Crew

5 fantastic cartoons to illustrate e-safety SMART rules for 7 to 11-year olds.

#### What is Virtual reality?

Over the last two years, there has been a surge in UK households using virtual reality. While it may seem like science fiction, virtual reality (VR) is becoming more popular every day, especially with children and young people.

Follow the linkfor more information from SaferSchools:

Saferschools Virtual Reality

#### Parent Safe

It's never easy to know how to keep our children safe when they aren't with us, and sometimes even when are, if we don't know what's happening in their lives or on their devices! Who are they talking to, what are they doing, are they okay? Don't despair though...follow the link to our page for more help and advice.

LGFL Parent Safe

#### **Screen Time Advice**

We're often asked how long children should spend on their devices each day. Childnet have created a blog discussing why it is difficult to specify a limit and what you should consider. You can read it here:

Childnet Screen Time Guidance for Parents

#### Having a conversation with your child

Starting a conversation with your child about a sensitive issue or something you don't normally talk about isn't easy, especially if this means you will be talking about things they prefer to keep private, but there are ways to make having these conversations with your chilsd easier.

Follow the link for more information from CEOP:

Having a conversation with your child

#### How can the law help me?

Whilst we wait for the Online Safety Bill to be passed, which will hopefully improve Online Safety, there are certain laws already established to help protect us online. For example, in the UK we have the Malicious Communications Act 1988 that states it is an offence to send a communication that conveys an indecent or grossly offensive message or a threat. We also have the Protection from Harassment Act 1997, which covers threatening behaviour or harassment online.

Report Harmful Content have curated a list of laws that are relevant to online behaviour here:

when you should go to the police

# Safer Internet Day is on 7<sup>th</sup> February 2023.

This year, the theme is 'Want to talk about it? Making space for conversations about life online'. So, to support parents and carers, we wanted to share advice on how to engage children in effective conversations at home.

Safer Internet Day 2023

#### Get Kids Tech Set Up safe

Give your child the power to create, connect and share safely with our step by step guides.

Internet Matters Set up Safe